

Earlobe Repair Instructions

**YOU WILL NEED: OTC ANTIBIOTIC OINTMENT (BACITRACIN/POLYSPORIN),
BANDAIDS**

Activities:

- Ok to shower after 24 hours. Clean gently. Pat dry.
- After showering, apply small amount of antibiotic ointment to the earlobe incisions and place bandaid around the incision to keep covered.
- Clean and change bandaids as needed.

Diet

- You may eat normal diet
- Drink plenty of clear fluids during your recovery.

Medication

- Take Tylenol or Ibuprofen (Motrin/Advil) for pain relief every four to six (4-6) hours as needed.
- Avoid taking naproxen (Aleve) or aspirin products (e.g. Excedrin) as this may lead to bleeding.

Other Information

- You can expect slight bleeding, swelling, bruising, and tightness of the bandage, however, if there is excessive bruising and pain (especially on one side), sudden excessive swelling, high fevers (>101.5) call the office immediately.

Please don't hesitate to call the office, 410-825-5503, day or night (there is an on-call physician outside of our office hours) if you have any questions.