

General Pre-op Instructions

- Avoid medications and supplements that can increase risk of bleeding and bruising for 1 week prior to surgery
 - Avoid aspirin or aspirin containing products (e.g. Excedrin), NSAIDs such as ibuprofen (Motrin/Advil), naproxen (Aleve), vitamin E, omega-3, fish oil
 - If you are on prescription blood thinners you may need to stop the blood thinner up to 1 week prior to surgery – please discuss this with your cardiologist/PCP and Dr. Hahn
 - Use Tylenol in place of other over the counter pain medications.
 - You may take all of your normal medications the morning of the planned surgery with a small sip of water.
- Post-op prescriptions will be called into your pharmacy several days prior to the planned surgery. These may include antibiotics and/or pain medication for after the surgery. You will start taking these prescribed medications after surgery, unless instructed otherwise.
 - For in office procedure, you may be prescribed anti-anxiety medication to take prior to your procedure as needed
- Shower the night before or morning of your planned surgery. You may do an extra presurgical scrub (e.g. Hibiclens) the evening before your surgery if you wish. These washes can be found at your local drug store. Avoid getting the wash into your eyes and mouth.
- Please notify Dr. Hahn of any open wounds/sores around the planned surgical sites prior to your surgery.
- Do NOT wear any makeup, jewelry, cosmetic creams, hair products, deodorant, sunscreen, and remove all piercings the day of surgery. Do not wear contact lenses (wear glasses instead)

Please feel free to call the office at 410-825-5503 or email Dr. Hahn with any additional questions (samhahn@mdfacialplasticsurgery.com)